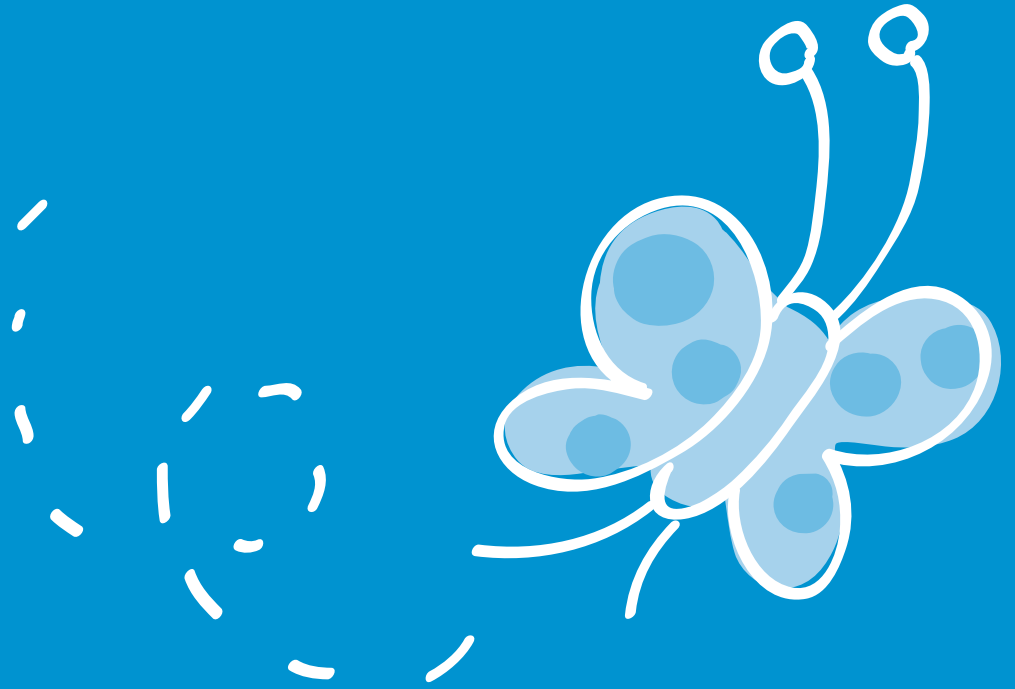




Government
of South Australia



I'm having trouble
getting my baby
to sleep.

What can I do?

Babies often cry more than their parents expect.
There are many different ways for parents to
help babies and children settle and sleep.

To find out more, look in your Blue Book.

www.cyh.com/bluebook